



BC Minor Baseball Association

Coaches Conference



Friday March 4th

5:00 PM - 10:00 PM

Saturday March 5th

8:00 AM - 5:00 PM

Sunday March 6th

8:00 AM - 2:00 PM

Times are subject to change

Watch for **REGISTRATION OPENING SOON**



Presented by:



Coaches Sessions

- Practice and game day planning (Ernie Young)
- The Launch Angle Debate and how it's achieved (Reggie Smith)
- Build team chemistry (Andre Lachance)
- Unlocking the code to pitch sequencing (Hector Berrios)
- Four motivational strategies that separate coaches (Bruce Brown)
- Fueling strategies to maximize performance and recovery in baseball athletes (Donald Hooton Jr.)
- Visual edge, training above the neck (Ryan Harrison)
- The Recovery Game - healthy, coachable players (Jeff Krushell)
- Coaching the process over outcomes (Brad Robinson)
- Developing young players by an running practice for 9U & 11U (Grant Rimer)
- Isolating the outfielder/developing the games most impactful position (Darren Fenster)
- Advantages and development of one-knee receiving for Catchers (Don Freeman)
- Infield fundamentals and prep (Kevin Nicholson)

Coaches Sessions

- New age receiving (Jerry Weinstein)
- How to coach kids during games (Paul Manieri)
- Busting Myths of infield play (Trent Mongero)
- Preparing the baseball athlete for improved sprinting - A dynamic, physical approach to conditioning for explosive power (Katherine Roberts)
- Mustard App and application thereof (Tom House)
- The use of triggers for IF play (Nate Trosky)
- Coaching: The man building business (Pat Bailey)
- Gender equity (BC Girls Baseball)

Winner of Baseball Canada's
2020 Event of the Year!

BASEBALL CANADA
2020 Baseball Canada Event Recognition Award - Mérites 2020 de reconnaissance d'événement de Baseball Canada
BC MINOR BASEBALL COACHES CONFERENCE



2020



BONUS - All coaches attending the 2022 BCMBA Coaches Conference are eligible for discounted NCCP training opportunities with paid conference registration.