



Adapted from viaSport and BC Minor Baseball COVID-19 SAFETY PLAN TEMPLATE

NSBA COVID-19 PROTOCOL - SAFETY PLAN

All organizations must develop a COVID-19 Safety Plan.

This NSBA COVID-19 Safety Plan template is adapted from WorkSafe BC to align with the sport sector. viaSport will not be approving the plans of individual sport organizations, but in accordance with the order of the Provincial Health Officer, this plan must be posted by your organization.

Step 1: Assess the risks at your venues

Identify areas where there may be risks, either through close physical proximity or through contaminated surfaces. The closer together individuals are and the longer they are close to each other, the greater the risk.

- We have identified areas where people gather: Each location where a NVRCC or WVD field permit has been granted
- We have identified situations and processes where individuals are close to one another or members of the public: Each location where a NVRCC or WVD field permit has been granted
- We have identified the equipment that may be shared by individuals. These include:
 1. Field equipment which includes:
 - a. rakes
 - b. bases
 - c. base installation equipment
 - d. lining equipment
 2. Baseballs
 3. Team baseball bats and back catcher gear
 - * The following equipment will be handled only by one of the two coaches and not touched by players: (1) pitching machines; (2) tees; (3) baseball hitting screens; (4) equipment sheds/boxes.
- We have identified surfaces that people touch often. These include:
 - rakes
 - bases
 - base installation equipment
 - lining equipment
 - baseballs
 - team baseball bats
 - pitching machines
 - tees
 - baseball hitting screens

- equipment sheds/boxes
- entrance and exit gates to fields and dugouts
- bench and shelf surfaces inside dugouts

Step 2: Implement protocols to reduce the risks

Select and implement protocols to minimize the risks of transmission. NSBA has done the following:

viaSport sector guidelines and BC Baseball guidelines

NSBA has followed viaSport sector guidelines and BC Baseball guidelines. Through the guidelines, NSBA has developed the following NSBA-specific protocols:

1. NSBA COVID-19 Protocol - Safety Plan
2. NSBA COVID-19 Protocol - Facility Usage
3. NSBA COVID-19 Protocol - General Health and Personal Hygiene
4. NSBA COVID-19 Protocol - Phase 2 Playing Guidelines
5. NSBA COVID-19 Protocol - Phase 3 Playing Guidelines
6. NSBA COVID-19 Protocol - Phase 2 Sanitizing High Touch Common Surfaces
7. NSBA COVID-19 Protocol - Phase 3 Sanitizing High Touch Common Surfaces
8. NSBA COVID-19 Protocol - Illness Policy and Wellness Screening
9. NSBA COVID-19 Protocol - Outbreak Plan
10. NSBA COVID-19 Protocol - Providing First Aid

NSBA is also implementing BC Baseball requirements relating to:

1. BCMB Youth Participant Waiver
2. BCMB Adult Participant Waiver
3. COVID-19 Participant Agreement
4. BC Minor Baseball Association COVID-19 Declaration of Compliance

Apart from compliance with field permit terms, NSBA has no specific orders/guidelines to follow from the relevant municipalities.

First level protection (elimination): Limit the number of people and ensure physical distance whenever possible

- We have established maximum program numbers for our program that meets venue requirements
- We have established and posted occupancy limits for common areas such as meeting rooms, locker rooms, washrooms, and dugouts (if applicable) - NOT APPLICABLE.
- We have implemented measures to keep participants and others at least 2 metres apart, wherever possible.
- We will direct members not to use dugouts, consistent with Baseball BC guidelines

Measures in place

List your control measures for maintaining physical distance in your environment. If this information

As set out in NSBA COVID-19 Protocol - Phase 2 Playing Guidelines, coaches will remind players prior to the baseball event to maintain 2m physical distancing. In addition, coaches will use cones, equipment, or other markings during the baseball event to ensure 2m physical distancing. Similar guidelines are set out in NSBA COVID-19 Protocol - Phase 3 Playing Guidelines.

As set out in the NSBA COVID-19 Protocol - Facility Usage, signs at venues will indicate that participants of NSBA baseball events must maintain 2m physical distance from others.

Second level protection (engineering): Barriers and partitions

This section may only apply to facility owners and operators

- We have installed barriers where volunteers/workers can't keep physically distant from co-workers, customers, or others.

Measures in place

Describe how barriers or partitions will be used in your environment (if appropriate). If this information is in another document, identify that document here.

NSBA does not intend to install barriers at the baseball fields. Rather, signage will be placed at all baseball fields informing the public and NSBA members of our safety protocols and reminding people to maintain 2m physical distance.

Third level protection (administrative): Rules and guidelines

- We have identified rules and guidelines for how participants, coaches, volunteers, spectators should conduct themselves.
- We have clearly communicated these rules and guidelines through a combination of training and signage.

Measures in place

List the rules and guidelines that everyone is required to follow. This could include things like using one-way doors or walkways, no sharing of equipment, and wiping down equipment after use. If this information is in another document, identify that document here.

Spectators, players, coaches, and volunteers are provided guidelines on how to conduct themselves in the following NSBA COVID-19 safety protocols: (1) NSBA COVID-19 Protocol - Field Usage; (2) NSBA COVID-19 Protocol -General Health and Personal Hygiene; (3) NSBA COVID-19 Protocol -Phase 2 Playing Guidelines; (4) NSBA COVID-19 Protocol - Phase 3 Playing Guidelines; (5) NSBA COVID-19 Protocol - Illness Policy and Wellness Screening; (6) NSBA COVID-19 Protocol -Outbreak Plan; (7) NSBA COVID-19 Protocol - First Aid; (8) NSBA COVID-19 Protocol - Phase 2: Disinfecting High Touch Common Surfaces; (9) NSBA COVID-19 Protocol - Phase 3: Disinfecting High Touch Common Surfaces.

All these protocols will be placed on our NSBA website and shared with the NSBA community. NSBA will also train coaches/managers on these protocols.

Fourth level protection: Using masks (optional measure in addition to other control measures)

- We have reviewed the information on selecting and using masks and instructions on how to use a mask.
- We understand the limitations of masks to protect the wearer from respiratory droplets.
- We understand that masks should only be considered when other control measures cannot be implemented.
- We will train individuals on the proper use of masks.

Measures in place

Who will use masks?

What work tasks will require the use of masks?

How have workers been informed of the correct use of masks?

If this information is in another document, identify that document here.

First Aid responders (who will be team coaches or a manager) at a baseball event will use masks if the patient is not able to self-treat under the first aid responders direction without maintaining 2m physical distance throughout.

If 2m physical distance cannot be maintained, the first aid responder will don a mask as well as a patient.

Instruction on correct usage of masks is set out on page 2 of the NSBA COVID-19 Protocol - Providing First Aid.

Reduce the risk of surface transmission through effective cleaning and hygiene practices

- We have reviewed the information on cleaning and disinfecting surfaces.
- Not all of our sport facilities (baseball fields) have handwashing stations on site for our participants.
- We have communicated good hygiene practices to participants, coaches, volunteers, etc.
- We have implemented cleaning protocols for all common areas and surfaces.
- Volunteers/Workers who are cleaning have adequate training and materials.
- We will remove unnecessary tools and equipment to simplify the cleaning process

Cleaning protocols

Provide information about your cleaning plan. Specify who is responsible for cleaning, the cleaning schedule, and what the cleaning protocols will include (e.g., which surfaces, tools, equipment, etc.).

If this information is in another document, identify that document here.

Team coaches and managers are responsible for cleaning high touch common surfaces at baseball fields. Players are responsible for cleaning their own personal equipment. Coaches and managers are responsible for shared team equipment cleaning. These obligations are set out in: (1) NSBA COVID-19 Protocol -General Health and Personal Hygiene; (2) NSBA COVID-19 Protocol -Phase 2 Playing Guidelines; (3) NSBA COVID-19 Phase 3 Playing Guidelines; (4) NSBA COVID-19 Protocol Phase 3 Playing Guidelines; and (5) NSBA COVID-19 Protocol - Disinfecting High Touch Common Surfaces.

Step 3: Develop policies

Develop the necessary policies to manage your sport.

Our policies ensure that participants and others showing symptoms of COVID-19 are prohibited from participating in sport activities

- Anyone who has had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- Anyone directed by Public Health to self-isolate.

- Anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms.
- Our policy addresses individuals who may start to feel while participating. It includes the following:
 - Sick individuals should report to first aid (or designated individual), even with mild symptoms.
 - Sick workers should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the worker to go straight home. [Consult the BC COVID-19 Self-Assessment Tool, or call 811 for further guidance related to testing and self-isolation.]
- If the individual is severely ill (e.g., difficulty breathing, chest pain), call 911. Clean and disinfect any surfaces that the ill individual has come into contact with.

Step 4: Develop communication plans and training

You must ensure that everyone participating in the sport activity knows how to keep themselves safe while participating:

- We have a communication and training plan to ensure everyone is trained in policies and procedures.
- All participants have received the policies for staying home when sick.
- We have posted signage at the sport location, including occupancy limits and effective hygiene practices.
- We have posted signage indicating who is restricted from participating, including Participants, family members, and volunteers/workers with symptoms.
- Coaches or safety volunteers have been trained on monitoring participants to ensure policies and procedures are being followed.

Step 5: Monitor and update your plans as necessary

Things may change as your season plays out. If you identify a new area of concern, or if it seems like something isn't working, take steps to update your policies and procedures.

- We have a plan in place to monitor risks.
- We make changes to our policies and procedures as necessary.
- Individuals know who to go to with health and safety concerns.
- When resolving safety issues, we will involve designated health and safety representatives

Step 6: Assess and address risks from resuming operations

If your association has not been operating for a period of time during the COVID-19 pandemic, you may need to manage risks arising from restarting your programming.

- We have a training plan for new staff, coaches, volunteers.
- We have a training plan for staff, coaches, volunteers taking on new roles or responsibilities.
- We have a training plan around changes to our programming.
- We have identified a safe process for cleaning and removing things that have been out of use.